

Your mouth is in danger

PROTECT IT!



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Don't smoke or use tobacco products.



26%

More than 1 in 4 adults in the U.S. have untreated tooth decay —
SEE YOUR DENTIST!

3

Replace your toothbrush every three months.



1

Get your children to the dentist by their first birthday.



Some sharks have up to 50,000 teeth in their lifetime. You have only 32.

TAKE CARE OF THEM.



Brush your teeth at least twice a day.

Check out the Live Healthy section of www.SouthCarolinaBlues.com.



South Carolina